



South Gloucestershire

# MusicHub

## Playing@homeDiary

Name: \_\_\_\_\_



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## To young musicians

This record book is designed to help you understand and remember what you should be doing between lessons. If you attend a music practice in school or at a music centre, remember to include it in your diary.

## To parents/carers

### This diary provides:

- a record of lessons attended
- a snapshot of termly progress
- notes for playing at home
- feedback between young musicians, teachers and parents/carers

### This diary belongs to:

Name

School

Year Group

Associate Music Teacher

### Your lesson is on:

- Monday
- Tuesday
- Wednesday
- Thursday
- Friday

In some schools lesson times vary, so check the timetable on the noticeboard every lesson.



## Parents can help by

- Asking what your child has learnt in their lessons
- Encouraging daily practice so skills are developed gradually
- Completing the diary with comments
- Informing us if your child does not want to practise
- Informing us if your child's instrument is damaged as we may be able to help

## Young musicians can help by

- Being on time to lessons
- Bringing your instrument, books and diary to each lesson.
- Talking to your teacher if you do not understand
- Playing each day

## Teachers will help by

- Encouraging students to complete their diary
- Planning lessons and monitoring progress
- Informing schools and parents of changes to lessons
- Providing students and parent/carers with advice on suitable material, events and music groups

## The Hub will help by

- Reporting progress to you on a regular basis
- Providing ensemble opportunities through a range of music centres, bands, orchestras and choirs
- Promoting opportunities to listen to professional concerts
- Communicating with you on a regular basis

# 12 tips on playing at home

## Little and often:

A small amount everyday achieves much more than a lot on the day before your lesson! Choose a time which is convenient for you. Can you get up ten minutes earlier in the morning?

## Take this diary to your lessons:

Your teacher can write down what and how you should practice. If your teacher doesn't have time, write it down yourself.

## Find a good place:

Is there somewhere where you will not be distracted? Is your seat comfortable and at the right height? Is the room well ventilated? Is there proper lighting? Do you have a music stand?

## Develop a routine:

Start with a warm up, then scales or a study before you get to your pieces and end with something you like to play.

## Practise the tricky bits slowly:

This will give you time to get it right. If it isn't right first time don't worry, have another go.

## Play to someone in your family:

Show what you have done in your lesson to someone at home. Try to give your family a concert every term!

## Keep this diary up to date:

You and your teacher can spot any weaknesses or gaps in your routine.





### Join in:

Make sure you play in a group at school and join one of the South Gloucestershire Music Centres.

For full details visit our website: [www.southglosmusic.org](http://www.southglosmusic.org)

### Listen:

Your teacher will suggest recordings for you to listen to. If you have permission search the internet for You Tube clips of excellent performances.

### Look after your instrument and voice:

See our tips on page 23.

### Prepare the night before:

Make sure your instrument and music is ready to go by the front door before you go to bed.

### Enjoy it!

Music can make you feel good. It's all about having fun and a chance to make new friends and be part of something special.

### Make more of your music

Join our wind, jazz, string and symphony orchestras, flute and guitar ensembles and choirs – details overleaf..

South Gloucestershire

# MusicHub



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## South Gloucestershire Kingswood Development Centre

**Head of Centre:** Kath Jenkins BA (Hons) PGCE  
**Location:** Kings Oak Academy, Brook Road, Warmley BS15 4JT  
**Time:** Saturday from 9.30am - 12 noon  
**Entry level:** Beginner to Grade 4  
**Fee:** £56.75 for 10 full morning sessions.  
£28.50 for 10 half morning sessions  
**First rehearsals:** Autumn 10 September  
Spring 7 January  
Summer 29 April

## South Gloucestershire Little Stoke Development Centre

**Head of Centre:** Alice Bodiley BMus Hons LLCM ALCM PGCE  
**Location:** Little Stoke Primary School, Little Stoke BS34 6HY  
**Time:** Saturday from 9.30am - 12 noon  
**Entry level:** Beginner to Grade 4  
**Fee:** £56.75 for 10 full morning sessions.  
£28.50 for 10 half morning sessions  
**First rehearsals:** Autumn 10 September  
Spring 7 January  
Summer 29 April

## South Gloucestershire Senior Music Centre

**Head of Centre:** Hannah Caldecott MA, BMus  
**Location:** Little Stoke Primary School, Little Stoke BS34 6HY  
**Time:** Mondays from 6.45pm - 9.15pm  
**Entry level:** Grade 5 and above. This is currently a non-auditioned centre.  
**Fee:** £56.75 for 10 sessions.  
**First rehearsals:** Autumn 12 September  
Spring 9 January  
Summer 24 April





## South Gloucestershire Junior Choir

**Director:** TBC  
**Location:** Downend School, Westerleigh Rd, Bristol  
BS16 6XA  
**Time:** Wednesdays 4.15pm - 6.00pm  
**Fee:** £40 for ten sessions  
**First rehearsals:** Autumn 21 September  
Spring 11 January  
Summer 26 April

## Flutelets a junior flute ensemble

**Director:** Simone Willis BMus (Hons)  
**Location:** Meadowbrook Primary School, Bradley Stoke  
BS32 8TA  
**Time:** Tuesdays from 4.00pm - 5.00pm  
**Fee:** £28.50 for 10 sessions  
**First rehearsals:** Autumn 20 September  
Spring 10 January  
Summer 25 April

## Flutissimo Intermediate and Senior

**Directors:** Nicky Russell LRAM (Senior)  
Fiona Hunt BMus, Dip ABRSM (Intermediate)  
**Location:** Winterbourne International Academy, High St,  
Winterbourne BS36 1JL  
**Time:** Fridays from 4.15pm - 5.15pm  
**Fee:** £28.50 for 10 sessions  
**First rehearsals:** Autumn 23 September  
Spring 13 January  
Summer 28 April

# Autumn Term Outcomes

By Christmas I will be able to:

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Review I am proud that I:

--

Next term I would like to:

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## End of Term Teacher Progress Report

Termly assessment	Excellent	Good	Needs attention
Posture			
Tone control			
Dynamic range			
Scales and arpeggios			
Intonation			
Playing@home/Ensemble			
Aural			
Improvisation			
Sight-reading			
Ability to memorise			
Motivation			
Punctuality and Attendance			
General organisation			
Meeting targets			





# Autumn Term Playing diary

This week I played on (minutes)	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
<b>Lesson 1</b> date: Comments: Teacher/ Young Musician							
Comments: Parent/Carer/Young musician							

This week I played on (minutes)	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
<b>Lesson 2</b> date: Comments: Teacher/ Young Musician							
Comments: Parent/Carer/Young musician							

This week I played on (minutes)	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
<b>Lesson 3</b> date: Comments: Teacher/ Young Musician							
Comments: Parent/Carer/Young musician							



# Autumn Term Playing diary

This week I played on (minutes)	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
<b>Lesson 4</b> date: Comments: Teacher/ Young Musician							
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Comments: Parent/Carer/Young musician							

This week I played on (minutes)	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
<b>Lesson 6</b> date: Comments: Teacher/ Young Musician							
Comments: Parent/Carer/Young musician							



# Autumn Term Playing diary

This week I played on (minutes)	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
<b>Lesson 7</b> date: Comments: Teacher/ Young Musician							
Comments: Parent/Carer/Young musician							

This week I played on (minutes)	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
<b>Lesson 8</b> date: Comments: Teacher/ Young Musician							
Comments: Parent/Carer/Young musician							

This week I played on (minutes)	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
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Comments: Parent/Carer/Young musician							

This week I played on (minutes)	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
<b>Lesson 12</b> date: Comments: Teacher/ Young Musician							
Comments: Parent/Carer/Young musician							



# Spring Term Outcomes

By Easter I will be able to:

Review I am proud that I:

Next term I would like to:

## End of Term Teacher Progress Report

Termly assessment	Excellent	Good	Needs attention
Posture			
Tone control			
Dynamic range			
Scales and arpeggios			
Intonation			
Playing@home/Ensemble			
Aural			
Improvisation			
Sight-reading			
Ability to memorise			
Motivation			
Punctuality and Attendance			
General organisation			
Meeting targets			



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# Summer Term Outcomes

By July I will be able to:

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Review I am proud that I:

--

Next term I would like to:

--

## End of Term Teacher Progress Report

Termly assessment	Excellent	Good	Needs attention
Posture			
Tone control			
Dynamic range			
Scales and arpeggios			
Intonation			
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Aural			
Improvisation			
Sight-reading			
Ability to memorise			
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Comments: Parent/Carer/Young musician							





# Look after your instrument!

## DO:

- ✓ Put a label with your name on the case
- ✓ Put your instrument in its case when not in use
- ✓ Keep it in a safe place
- ✓ Clean your instrument with advice from your teacher
- ✓ Get the instrument insured if it is not covered by your household insurance.

## DON'T:

- ✗ Play an instrument whilst eating sweets and chewing gum or spill fizzy drinks onto your instrument
- ✗ Leave your instrument in the playground, in the corridor or put it down where it might be stolen or damaged
- ✗ Leave your instrument in the sun or next to radiators
- ✗ Try to repair the instrument yourself. Ask your teacher for advice on where to find a professional repairer
- ✗ Lend your instrument to anyone else, however careful they are. It may get damaged or broken. Your instrument is your responsibility.

# Look after your voice!

## Keep singing regularly

- Your voice needs regular training. If you are not singing in a choir or having singing lessons, you need to keep up with some singing practice. This can be singing along to your favourite tracks!
- Looking after your singing voice on a daily basis.
- If you are using your voice, it is important that you warm up and cool down.
- Warm up your body.
- Think of your posture.
- Begin breathing.
- Animate articulation - try tongue twisters and repeated sounds to wake up the tongue, loosen the jaw and project the sound.
- This sequence can take anything from two to ten minutes.

For full details see:

<https://www.nycgb.org.uk/members-area/members/vocal-health>



Integra is the trading arm of South Gloucestershire Council